

★ SELF-RELIANCE ★

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Choose to do one of these this week.

Finish Something

Complete one task you've been delaying without asking for extra help.

Solve Before Asking

Before asking someone else to fix a problem, spend 15 minutes trying to solve it yourself.

Carry Your Own Load

Take responsibility for one area of life this week—school, chores, planning, or commitments—without reminders.



*“Let us not love with words or speech
but with actions and in truth.”*

