

COMPASSION

Choose one of these
to do this week.

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**Sit with someone who's
having a tough day.**

You don't have to fix anything—just be there.

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**Let someone talk — and listen —
without interrupting.**

Sometimes listening is more
powerful than giving advice.

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**Stay a little longer
instead of walking away.**

When someone's struggling,
your presence matters more than your words.

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your presence matters more
than your words.**



“Be compassionate and kind to one another.”

EPHESIANS 4:32